IRONDALE NEWSLETTER

Produced by the Bark Lake Cultural Developments

June / July '24

Bark Lake Cultural Developments

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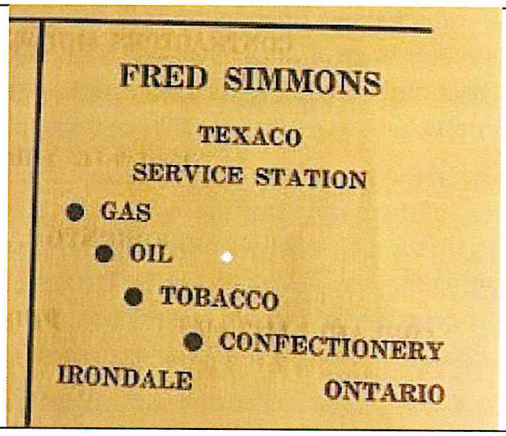
What are these people waiting for?

see page six



Found in a copy of "Official Programme and Souvenir Booklet 1950-1951 Monmouth Community Centre Wilberforce, Ont. Price 25c"
submitted by Gail Leach-Wunker of HHGG

IRONDALE's WeLCOMe BACK SPRiNG FLiNG

Welcome Back!

Our Spring Fling on Saturday June 8, 11am - 4pm

No admission charge at this event

Drop by for a visit. Meet our vendors and see what they have to offer.

Test your skill with the games offered. Pick up some 'new to you' reading material.

We are honouring Father's Day! Dad gets something extra when his family eats at our BBQ.

There are surely few better ways to experience the nature

submitted by Jeremy Hancock

There are surely few better ways to experience the nature of this wonderful area than by a river trip - be it on the Irondale or Burnt. Both rivers are - perhaps accidentally - in perfect condition for both an adventurous, yet relaxing experience. The odd charming cottage or cabin is passed now and then - but mostly, these routes are little-known and little-used. This allows the nature to remain very undisturbed and in great health. The majority of shoreline is very rugged and thankfully; not developed - despite mostly being private property - you'd scarcely realize it. Both feel like true wilderness rivers - despite often being close to one road or another. Very few other people are encountered on the river each season outside of my small tour groups.

Silently gliding along, it's easy to focus your eyes and ears on all the little things around you - (oppose to a nature walk, where even loud footsteps can disturb your presence). Notice the various colorful wildflowers growing all along both shores.

A beaver or otter splashing into the water from a muddy bank as you round a corner - catching both of you unexpected. The turtles sunning atop logs, often in good numbers. The ducks, geese and herons - quacking as they float along, keeping a small distance in front of you, occasionally taking flight over your head. The crayfish crawling along a rock underneath your vessel as you glide over an extremely shallow and transparent patch of water. Even the quietly buzzing drag-on flies, swarms of minnows, frogs and water-gliding bugs have their beauty. Several times I've also encountered whitetail deer running from atop the bank.

cont'd page two

Experience the nature ... continued from page one

I ventured down the river for the first time with a friend in 2012 when we were 16. We promptly veered into a bushy tree which was hanging out over the water and capsized, losing our canoe in the current. We quickly saw how adventurous river travel could be and my excitement for such paddling was born. Despite living primarily in the suburbs of Whitby, nearly every single weekend, holiday, school break, as well as the entirety of summer vacations - were gladly spent with family in Irondale. In 2020, the house in Whitby sold and our family finally moved to Irondale permanently. It didn't take long for the idea of hosting river tours to arise - as I finally had the means of sharing one of my favourite activities with guests to the area.

During the past three seasons I've welcomed over 500 guests onto the Irondale river - including international travellers from Ireland, Spain, France, England, Netherlands, Germany, USA, Chile, Mexico, Ukraine and India. And everyone always has a great time! Some guests have sent back their friends and families to experience the tour after having so much fun. Some guests have even returned twice themselves, wanting another chance to successfully navigate the small rapids!

Given the countless hours I've spent mapping and exploring every section of these rivers - I can guarantee you'll be skipping any of the boring sections and seeing all the best spots by joining one of my tours. Some routes include the fun opportunity to try running a couple of (very) small and safe rapids. I also include a lot of fascinating local history - facts and rare photos along the way - of places we'll be seeing, as well as interesting information about the plants, animals and land we'll see.
As described above - It's a very beautiful river, but somewhat difficult to experience independently due to mostly private access / no parking and poor map or updated route description availability.

Kayak tours are available Wednesdays through Sundays beginning each day by 11am, ending by 1:30. Tours are offered daily, late May until late September. $30 per person. Large group discounts begin at 5+ people,
a group of 5 only pays $120 ($30 off), groups of 6 only pay $150 ($30 off), and groups of 7-8 only pay $180 (up to $60 off).
Bring up to 8 friends!

I offer several tour routes (scenery varies) depending on specific guest interests and needs - most routes lasting around 2 hrs. Locations include historic landmarks unknown and inaccessible to most.

Everything you could need is included (quality-tested life jackets and helmets, various sized water shoes and paddles). I also take several high quality photos in the best spots to be emailed afterward. Tours depart from our family home where change rooms & washrooms are available. Route can include small but thrilling rapids, or scenic flat water as per your comfort level.
Safety and guest satisfaction are my upmost priorities on every trip.
I am trained and certified through Redcross wilderness first aid and Orcka paddling / Whitewater Safety courses.
Kayaks are the easier - "sit on top" models for more stability.
Please be aware that these trips are best suited to people with decent health and fitness - those with poor balance on uneven surfaces or prone to back discomfort may struggle - our kayaks do feature back rests which most find very comfortable, but for new kayakers - note that they do not have quite the same back support as a typical chair would.
Most suitable for older children / young teens and up.

See a beautiful and remote local area without the hassle of transporting your own gear or planning entry and exit points and vehicle shuttles. Share a fun new experience with friends and family, or be paired to another small group with available spots and meet some nice new folks!

Make a booking through a private facebook message to https://www.facebook.com/irondaletours or by visiting our airbnb link (here you can read 30+ five-star reviews) airbnb.ca/experiences/2888885 call 705-447-2666 (please leave a message) or text (only) 289-685-3348. Hope to see you this summer!

IRONDALE TOURS

Patricia's Trivia — Test Your Brain Cells

1. What is a fanciful collective name or a group of buzzards?
2. What does YGTR mean in texting lingo?
3. Where were the 2010 Winter Olympics held?
4. What Blue Jays player had 189 hits in the 2022 season?
5. What bone in the foot is called the calcaneus?
6. What acress played the superhero Storm four times in the X-men movies?
7. What did Cindy Nicholas, 16, of Toronto, achieve in record time in August 1974?
8. Who played the character of young Rose in the blockbuster 'Titanic'
9. What country in Europe is home to the city of Bonn?
10. Is our sun a red dwarf star or a yellow dwarf star?
11. What psychological thriller by Paula Hawkins sold over 20 million copies?
12. Which continent has the most countries?

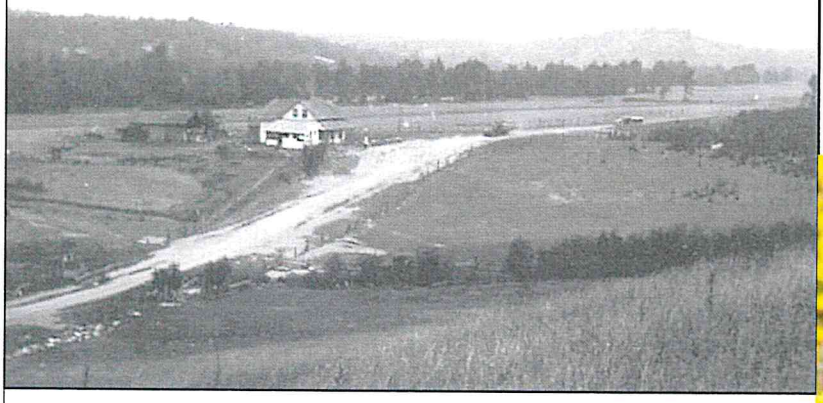
Answers found elsewhere in this issue.

Can you Help?

Looking for a few more businesses to advertise with us, in our bi-monthly newsletters.

We lost a few recently due to circumstances that had nothing to do with us.... moving out of area, closed the business, etc.

Contact us with your suggestions historical@IrondaleOntario.ca



Tom Kott sent this picture

to Victoria County, Ontario Genealogy Facebook group. "This is an early photo of Irondale, taken by my Mother, in the Kawartha's (Snowden County, which was surveyed in 1859). Date: 1943-45. You are looking at Proctor's General Store & home. The dirt road was a pioneer road, which was later paved. When Hwy. 503 was built, it bypassed Irondale. As a young boy I witnessed the blasting of rock to make this road.

Tom is looking for photos of the original pioneer, Gelert Road, from near Kinmount to Irondale. This road is interesting as this gravel road was traversed by early pioneer's. It is reputed to be the last remaining drivable pioneer road in Ontario.

Looking for a new recipe to try?

I found this one interesting. If I can find enough 'clean' plants (not sprayed) I will be baking a batch.
Come across this recipe in the 'Indigenous Family Literacy Circle May 2024 Newsletter'.
Few years back Fred & I made a couple loaves of bread using dandelions. They had a great flavour.

DANDELION SHORTBREAD COOKIES

North Hastings Children's Services

INGREDIENTS

1 /2cup butter, softened
1 heaped tablespoon of honey
1/2 teaspoon or vanilla extract
1/2 cup sugar
1/2 to 1 cup loosely packed dandelion petals (yellow parts only)
1 1/4 cups all-purpose flour
1 pinch salt

INSTRUCTIONS

Preheat oven to 325 degrees.
Butter and sugar together with a mixer until light and fluffy, about 3 minutes.
Add dandelion petals and beat to incorporate.
Gradually add flour and salt, beating to incorporate fully. Dough will be crumbly at first, but it will start to come together.
Once all the flour is added, beat on low another minute or so. Then knead gently with your hands until the dough comes together.
Roll cookies out and cut out with your favorite cookie cutters.
Bake cookies at 325 for about 20 to 25 minutes, until they begin to brown on the bottoms and are fully cooked on the top.
Remove to a cooling rack and allow them to cool completely.

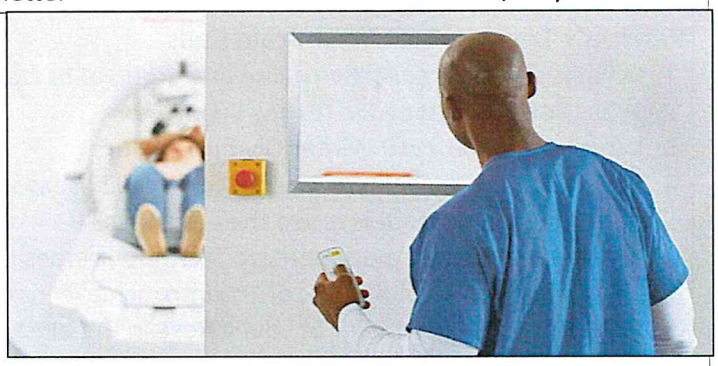
Enjoy!

Editors Note: We like to share your pictures and recipes in the Irondale newsletters as well as on our Facebook page. We encourage our readers to consider sharing with us, so we can share with our readership.

From the Mailbag:

Ruth Macdougall wrote: I thought I would pass on this tidbit for the newsletter. I was reading the latest one to my grandmother, Madeleine (Rumble) Howarth, and the story about the IB&O train and its turntable at Howland Junction made my grandma reminisce about her younger days at Irondale, recalling the time she and her sister, Isobel, and cousins Mary Proctor and Jane Vanderburgh walked to the Junction and were allowed to push the turntable and turn the engine! This would have been in the 1930s, when fun was where you found it! **Thank you Ruth and Madeleine for that memory!**

Capital Campaign to bring diagnostic imaging closer to home



Haliburton County is a very special place with so much to offer. Whether we are here full-time or part-time, and at every age, access to quality health care services is crucial for all of us.

Haliburton Highlands Health Services is embarking on an initiative to significantly improve critical diagnostic imaging technology and services in the County. The new Diagnostic Imaging equipment will include: a CT scanner, digital mammography, updated ultrasound equipment and a picture archiving computer system that allows rapid sharing of images with specialists in larger centres, to provide faster diagnoses and treatment options. Bone density testing will also be available close to the mammography equipment.

Haliburton is now the only county in Southern Ontario without a CT scanner. As a critical diagnostic tool for both emergencies and for regular diagnoses, County patients are currently transported to Peterborough, Lindsay or Bracebridge, meaning a delay of three to five hours. This is critical time lost in determining the location of a blood clot in a stroke; a brain bleed in a concussion; an appendix that is about to rupture; the extent of damage in a bad bone break. The list of life changing risks goes on.

Not having a CT scanner in the County costs all of us. In 2021 there were 357 ambulance trips for CT scans outside the County. This means that while the ambulance and two EMS professionals are taking patients to/from CT scans, they are not available to serve others in Haliburton. This results in considerable costs, wear and tear on ambulances, greenhouse gas emissions, risk to patients and to residents who may not have access to EMS in their time of need.

It also makes it difficult to recruit new doctors to our area. The team responsible for recruiting doctors to the County has shared that one of the first questions prospective doctors ask is whether the ER facility has a CT scanner. When they learn that it does not, they often indicate that they are not willing to serve in an area without this crucial diagnostic technology.

Cancer Care Ontario supports the HHHS application to install mammography equipment due to concerns about the 6000 underserved women in the County. One in 38 women in Canada will die from breast cancer and one in ten breast cancer patients is male. Early detection offers the greatest chance of survival, yet many County residents are unable to make the five-hour round trip to Lindsay or Peterborough for a 15-minute check. For some, it is the lack of a vehicle or the high cost of gas, for others it is the inability to take time away from work, or the lack of childcare that means they cannot keep up with important appointments. Bringing Diagnostic Imaging close to home means that everyone will have access to life-saving imaging on a timely basis.

HHHS works closely with local and regional partners to promote wellness and to provide access to essential health services including Hospital (Acute Inpatient and Emergency Care), Long-Term Care, End-of-Life Care, Mental Health & Addictions Services, and Community Support Services.

While the province provides health care operating funds such as staffing and maintenance, it puts the onus on the community to raise the capital funds for new and replacement equipment. That is why we need everyone's help. We need to raise $4.3 million to bring this technology to the County.

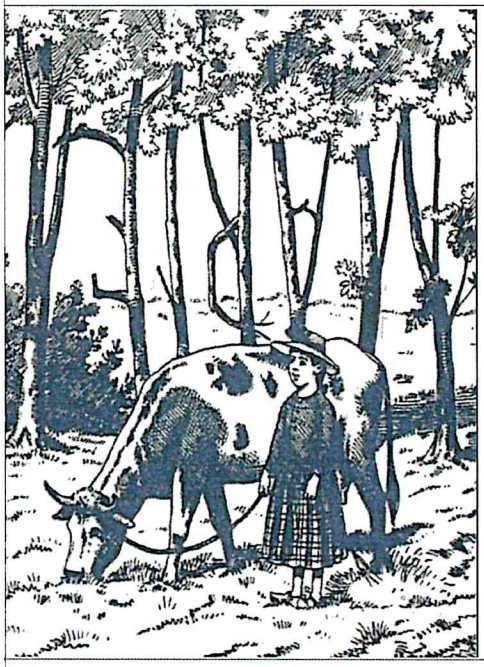
The good news is that construction is underway at the Haliburton site, the CT equipment has been ordered, and it is targeted to be operational before the end of the summer. That means that we need to come together now, to raise the necessary funds.

The new HHHS President & CEO, Veronica Nelson, is working hard to improve operations, (including the urgent care facility now operating in Minden). In consultation with community partners, she is embarking on a long-term planning process to determine capacity to meet the County's needs for health care programs and services in the next twenty-five years. The Diagnostic Imaging Campaign is an important step forward to having more and better critical health care services available locally, which will help build healthier, more prosperous communities throughout the Highlands.

We recognize that these are difficult times for many across the County, but we are asking for everyone to give what they can, to help us raise the necessary money. We thank you for your support!

Patricia's Trivia Answers — How did you do?

1) a wake of buzzards; 2) you got that right; 3) Vancouver BC; 4) Bo Bichette; 5) heel bone; 6) Halle Berry; 7) swam across Lake Ontario; 8) Kate Winslet; 9) Germany; 10) yellow dwarf star; 11) The Girl on the Thames; 12) Africa



This picture reminds me of the story about Ethel Curry …

"Ethel Luella Curry was born in 1902 in a log cabin at Irondale in Ontario's Haliburton Highlands. In the most riveting image of her remarkably long life that no camera ever recorded, at age 4 she is standing on a raft being towed by a tugboat across Miskwabi Lake, Looking after the family cow for a household move to the tiny village of Haliburton, she is holding its tether in one hand, the small hand of her 2-year-old brother in the other. Dirt poor, the family of four that includes her father and his pregnant wife, is off on an open-ended mission to secure a better life."

Excerpt copied from page 13 of Robert Popple's book titled "Northern Belle, the life store of Haliburton's Ethel Curry, including her connections to the Group of Seven"

This book is out of print, however, copies can be borrowed from a library or search the internet for a used copy.

In remembrance of my husband Fred—My Third Love

We fall in love with 3 people over the course of our lifetime. Each one has a specific reason. Let me explain…

Our First Love ….
usually happens at a young age and we eventually grow distant or call it quits over the dumbest things. When you get older and more mature you look back and think it was not love. But it actually was…. It was love for what you knew love to be at that point in time. You have to always remember there are different depths of love.

Now our 2nd Love and this is the hard one….
You get hurt when you fall in love with this person. This one teaches us lessons that we learn from and makes us stronger as a individual. This love includes a substantial amount of pain, betrayal, abuse, lies, and emotional damage.
But believe it or not, this is the one where we grow the most. We realize what we truly know about love and what we don't know about love. So now we put our walls up because we are extremely protective of what the future might hold for us when it comes to relationships. And naturally we become closed off, suspicious, very careful and slightly scared. But now we know exactly what we want out of a partner and what we definitely do not want.

Our 3rd and final love….

This one comes out of nowhere. No warning. No sign whatsoever. You don't go looking for this love. It actually finds you. You can put up all the walls in the world, and they will come crashing down just as fast as you built them up in the first place. You'll find yourself caring about that person without even trying.
They look nothing like your usual type, but you get lost when you look in their eyes. You don't see any flaws. You see flawless imperfections. You find yourself telling them everything about you and what has molded you into the person you are today. You want a life with them. You want slow dances in the kitchen, you want walks on the beach under a starry night sky, you want to marry them and have beautiful children that resemble the both of you perfectly.

And every night when you close your eyes before you go to sleep, you catch yourself praying to God and thanking him for the reasons why it has never worked out with anyone else before.

Cody Bret *https://www.facebook.com/CodyBretOfficial/*

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Printing/Postage costs …

have gone up, just like everything has these days. We have culled our postal list, removing those we never hear from or see at our events.

If you know someone that had been receiving our newsletter by mail and no longer is— please tell them to send us a current email address and they will be added again.

Susie's Musings

Behind every strong woman is a story that gave her no other choice.

Hope is like a bird that senses the down and carefully starts to sing while it is still dark.

Sometimes you have to stay silent because no words can explain what is going on in my mind and your heart.

Sometimes there are no words for the sadness that lives within you, so silence is what you give to the world.

People need to learn that their actions do affect other people. So be careful what you say and do, it's not always just about you.

My attitude is a result of your actions. You don't like my attitude, blame yourself.

Excuses vs Discipline
Excuses make today easy, but they make tomorrow hard.
Discipline matters today hard, but it makes tomorrow easy.

Be someone's light when they are hopeless.

Victorian Tea

With the help of some friends we served a capacity crowd on Sunday April 7. Our guests were met with real china tea cups, teapots on the table, fabric napkins & tablecloths, seasonal décor as well as our smiling faces.

The menu consisted of sandwiches (cucumber, tuna, egg croissants, Coronation chicken), homemade scones with butter & jam and desserts. The desserts were cherry cheesecake tarts, red velvet cup-cakes, chocolate fingers, grapes, sugar cookies and chocolate hens filled with pistachio pudding.

The tea pots were very rarely empty—the ladies kept them full and hot.

Appropriate instrumental music was recorded and provided by Paul McCarty.

We would like to thank Klara Oyler, Debbie Mansfield, Glenda Simmons, Susan Buckingham, Linda Code, and Rita McCarty for their time, talents and support.

A **Tussie Mussie** is a small bouquet of flowers carried by the ladies of the upper class and royalty. They were a popular and necessary fashion accessory in Victorian times.

The streets smelled from garbage, sewage and horse dung. Many women carried small flowers to offset the rank aromas. One's nostrils were never far from a fragrant bouquet of sweet-smelling posies.

Our Victorian Tea guests went home with their own Tussie Mussie— compliments of Rita McCarty & Linda Code.

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play starts 7pm sharp

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Irondale Events are advertised in these local papers - available at most stores across the county.

THE ECHO HALIBURTON COUNTY | The Times MINDEN ONTARIO | County Life Celebrating arts and culture in the Haliburton Highlands

~ Irondale Calendar of Events ~

These are tentative dates - depends on state of pandemic and rental of community centres.
Please be sure to check the appropriate website and/or Facebook pages to get up to date information

2024	Unless otherwise noted - Tickets available online at www.IrondaleOntario.ca or call/text 705-457-8438
Sun. Jun 2	First Church Service of the season. 10am—come as you are. Refreshments and conversation served after the service.
Sat. Jun 8	Welcome Back! We are celebrating with our **Spring Fling**. 11am - 4pm We are honouring Father's Day - dad gets something extra when his family eats at our BBQ. Vendors, displays, tours 1019 Elm Rd - property of Irondale's historical church. NO ADMISSION CHARGED. *B.L.C.D. event*
Sat. July 6	**Concert on the Lake** - Great music from the comfort of your own boat, canoe or paddleboard. Music starts at 6:30pm Tickets available in advance. Check *www.sdlca.ca* for more details.
Sat. July	**Dinner & Loonie Auction— Circumstances do not allow this event to happen this year.**
Sat. Aug 3 Sun. Aug 4	Salerno Devil's Lake Cottage Association's AGM , Canoe Race, BBQ & Children's Games on SUNDAY check www.sdlca.ca for up to date information.
Sat. Sept 21	**Harvest Festival** - We celebrate the fall season with BBQ, Bake Sale, vendors, contests, artist showcase and more 11am – 4pm on the heritage property at 1019 Elm Rd FREE ADMISSION *B.L.C.D. event*
Sat. Nov 2 to Mon. Nov 11	**Service, Courage & Sacrifice -** 10am to 4pm each day - a display of flags of those brave individuals associated with Irondale, that served Canada in various aspects of war. Wander the grounds in remembrance, visit indoor displays of military memorabilia. New flags & displays from last year!
Sun. Nov 3	**"In the Footsteps of Heroes" at 1pm**. Presented by Belinda Wilson—a 15-day trip through Northern France and Belgium, exploring Canadian battlefields, memorials and cemeteries from both World Wars....photos, stories and songs to take the audience on a journey through time and tears.
Sat. Nov 9	Traditional way to end the season ... Dinner at the Irondale Community Centre. Menu has yet to be planned. Doors open at 5, Dinner at 5:30. $25 per person *B.L.C.D. event*
Dec.	We wish you and yours a Very Merry Christmas, Happy New Year and the best that 2025 can bring.

Volunteerism is ... The rent we pay to live in a good community